

COMPOST DO'S

START HERE

Veggies

Veggie tops and scraps

Fruits (*no citrus - too acidic, no pits, no tomatoes*)

Egg shells

Coffee grounds/filters

GETTING AMBITIOUS

Soiled paper napkins and plates (*non coated*)

Paper and paper products (*non waxed/glossy*)

Newspaper

Tea bags (*remove metal staples*)

Parchment paper

COMPOSTING HERO

Natural dryer lint

Wood chips, shredded twigs

Tofu

Toilet paper rolls

Cotton balls

Hair from hairbrush

Natural loofahs

COMPOST DONT'S

Dairy Products | Meats and Bones | Greasy and Fatty foods | Lemon/Lime

Orange | Tomato products | Walnuts | Nut shells | Bread | Rice

Fruit Pits (avocado, peach, etc) | Wax Paper | Diapers | Glossy Paper | Diseased Plants

Chemically treated yard trimmings | Weeds | Plastic, Metal, Styrofoam

WHEN IN DOUBT, LEAVE IT OUT

It takes *you* to make composting work.

We hope you'll send 1 - 2 compost bags per week to the farm
